



# A TARGETED APPROACH TO TAMING NF1-ASSOCIATED TUMORS

Navigating the Child  
Neurologist's Role in an  
Evolving Treatment Calculus

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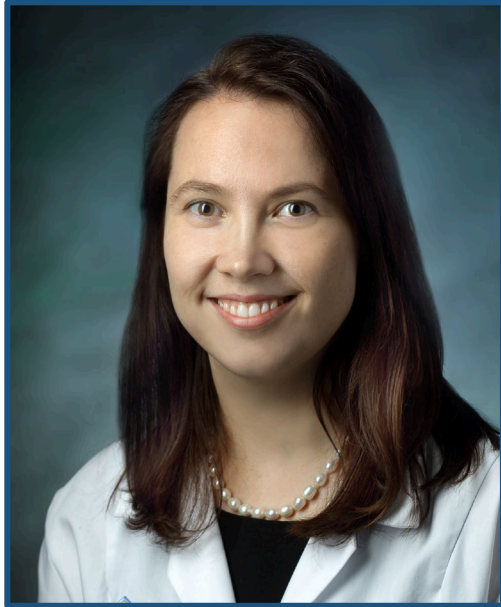


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# Learning Objectives

- Review recently updated NF1 diagnostic criteria and recognized established NF1 clinical manifestations to promote earlier detection and treatment initiation, especially in pediatric patients.
- Describe the genetic genesis and multifaceted pathophysiology of NF1, with a focus on the neurological morbidity and historical intractability of symptomatic, inoperable plexiform neurofibromas.
- Evaluate traditional NF1-associated plexiform neurofibroma treatment modalities, including surgery, radiation, and surveillance, and emphasize how targeted medical therapies are poised to bridge crucial chasms in care.
- Appraise completed and ongoing clinical trial data for MEK inhibitors and other novel targeted therapies being studied in NF1-associated tumors, with an emphasis on current treatment recommendations and approved indications.
- Discuss the pivotal placement of the pediatric neurologist on the multidisciplinary NF1 treatment team, and design real-world, evidence-based treatment plans using targeted therapies for NF1-associated tumors.

# Expert Faculty



*Activity Chair*

**Verena Staedtke, MD, PhD**

Associate Professor of Neurology  
Director of the Pediatric NF Program  
Johns Hopkins Comprehensive  
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*Expert Panelist*

**Michael J. Fisher, MD**

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*Expert Panelist*

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**Verena Staedtke, MD, PhD**—has no relevant financial relationships to disclose in relation to the content of this activity.

**Bryan C. Taylor, PharmD**—has no relevant financial relationships to disclose in relation to the content of this activity.

## PRESENTERS

**Verena Staedtke, MD, PhD**—has no relevant financial relationships to disclose in relation to the content of this activity.

**Michael J. Fisher, MD**—has disclosed that he is a consultant for AstraZeneca and SpringWorks. He receives Grant/Research support from AstraZeneca and Array BioPharma Inc.

**Nicole Ullrich, MD, PhD**—has disclosed that she is a consultant for Peer Review Institute for Medical Education.

## PEER REVIEWER

**Miriam Bornhorst, MD**—has disclosed she is a consultant for AstraZeneca.

# E-syllabus and Questions

**An electronic version of the handout and program resources are available for download at:**

**<https://www.ceconcepts.com/NF1-CNS>**



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