

# Transitioning Patients from Pediatric to Adult Care

## CLINICIAN RESOURCES



**The transition from youth care to young adult care requires careful planning.**

**Click here** or scan the QR code to learn more about the **Delineation of Health Care Transition Activities and Tools** resource to inform and guide the patient transition from a pediatric to an adult care team.



**AAP, AAFP, and ACP guidance<sup>1</sup> defines the basic components of health care transition support as establishing a transition and care policy, tracking and monitoring progress, administering transition readiness assessments, planning for adult care, transferring to an adult clinician, and confirming completion of transfer.**

**Click here** or scan the QR code to access the **Six Core Elements of Health Care Transition** resource to learn more about each transition element and to find tool packages that assist with transitioning youth to an adult healthcare clinician, transitioning to an adult approach to healthcare without changing clinicians, or integrating young adults into adult health care.



**Gaps often occur in the process for transitioning adolescents into adult care.**

**Click here** or scan the QR code to access the **Pediatric to Adult Care Transitions Initiative** toolkit developed to assist clinicians in transitioning adolescents with chronic diseases or conditions into an adult care setting.



**Got Transition\* has developed and curated a library of resources and research to assist clinicians, patients, and caregivers in planning and executing youth and adolescents transitions to adult care.**

**Click here** or scan the QR code to access their complete catalog of resources.



\*Got Transition is the national resource center on health care transition, which is operated by The National Alliance to Advance Adolescent Health. For more information, visit [www.gottransition.org](http://www.gottransition.org).

<sup>1</sup>White PH, Cooley WC; Transitions Clinical Report Authoring Group; American Academy of Pediatrics; American Academy of Family Physicians; American College of Physicians. Supporting the health care transition from adolescence to adulthood in the medical home. *Pediatrics*. 2018;142(5):e20182587. Available here: <https://publications.aap.org/pediatrics/article/142/5/e20182587/38577/Supporting-the-Health-Care-Transition-From?autologincheck=redirected>

# Preparing for the Transition from Pediatric to Adult Care

## PATIENT AND CAREGIVER RESOURCES



**Turning 18 comes with a lot of changes in a young adult's life.**

**Click here** or scan the QR code to access the **Turning 18: What it Means for Your Health** resource to help adolescents and young adults understand how their relationship with healthcare providers will change.



**For the patient, adult care will be a different experience than pediatric care.**

**Click here** or scan the QR code to access **Planning to Move from Pediatric to Adult Care? Here's How They Can Differ** for information about how the adolescent's experience, rights, and responsibilities will change in adult care.



**The transition from pediatric to adult care impacts not just the adolescent, but parents and caregivers as well.**

**Click here** or scan the QR code to access **A Family Toolkit: Pediatric-to-Adult Health Care Transition** for a collection of tools and resources to assist with planning the transition in care.



**Finding a new doctor can be challenging.**

**Click here** or scan the QR code to access the **Finding Adult Providers** resource to help direct and focus the search process.



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